

THE LIBERTY HOTEL

BEACON HILL • BOSTON

IN ASSOCIATION WITH

IT'S NOT FITNESS. **IT'S LIFE.**



PRESENTS

FALL FITNESS / WINTER WORKOUT

SATURDAYS @ 10AM

JOIN US FOR
COMPLIMENTARY GROUP FITNESS CLASSES
CONDUCTED BY **EQUINOX**

- 11/14** Bonnie Argo - **PRANA YOGA**
- 11/21** Chrys Papaefthemiou - **CARDIO BLITZ**
- 12/5** Laura Stevenson - **PILATES BODY**
- 12/12** Ashley Webb - **SWEATY VINYASA YOGA**

NON HOTEL GUEST BYOM (BRING YOUR OWN MAT)

215 CHARLES STREET • BEACON HILL • BOSTON, MA • 02114
LIBERTYHOTEL.COM • 617.224.4000

LIBERTY
AFFAIRS

CAN'T MAKE IT TO THE LIBERTY?
PRINT OUT THIS EVITE FOR A COMPLIMENTARY CLASS @ EQUINOX