

THE LIBERTY HOTEL

BEACON HILL · BOSTON

IN ASSOCIATION WITH

IT'S NOT FITNESS. **IT'S LIFE.**



PRESENTS



WINTER WORKOUT

SATURDAYS @ 10AM

JOIN US FOR
COMPLIMENTARY GROUP FITNESS CLASSES
CONDUCTED BY **EQUINOX**

- 2/20** Ashley Webb - **YOGA POWER HOUR**
- 2/27** Sherry Caitlan - **CARDIO CONDITIONING**
- 3/6** Pat Donaher - **VINYASA YOGA**
- 3/13** Ashley Webb - **YOGA POWER HOUR**

NON HOTEL GUEST BYOM (BRING YOUR OWN MAT)

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LIBERTY
AFFAIRS

CAN'T MAKE IT TO THE LIBERTY?
BRING IN THIS INVITATION FOR A COMPLIMENTARY CLASS @ EQUINOX