

THE LIBERTY HOTEL

BEACON HILL • BOSTON

IN ASSOCIATION WITH

IT'S NOT FITNESS. **IT'S LIFE.**



PRESENTS

FALL FITNESS / WINTER WORKOUT

SATURDAYS @ 10AM

JOIN US FOR
COMPLIMENTARY GROUP FITNESS CLASSES
CONDUCTED BY **EQUINOX**

DECEMBER

- 4TH** Alessandra Miele - Asthanga Yoga
- 11TH** Rebecca Pacheco - Power Yoga Flow
- 18TH** Larisa Forman - PranaVayu Yoga

NON HOTEL GUEST BYOM (BRING YOUR OWN MAT)

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LIBERTY
AFFAIRS

CAN'T MAKE IT TO THE LIBERTY?
PRINT OUT THIS EVITE FOR A COMPLIMENTARY CLASS @ EQUINOX